

Date _____

Consent and Release Form

(To be completed by a parent or guardian if under 18 years of age)

Applicant's Name _____

In connection with my child's enrollment in the COR Youth Martial Arts and Leadership Program, I have read this document and understand it is a release of all claims. I have been informed and acknowledge that COR makes no claims as to guarantee medical or physical results, which can be obtained through participation in this program, the use of the facilities and/or equipment.

I represent that I have either (a) been given my child's physician the permission to participate in fitness activity, or (b) decided to voluntarily allow my child to participate in the program and have accepted voluntarily all risks related to the program without the approval of my physician. I represent that I am not aware of any medical or physical condition that would prevent my child from participating in this program or using equipment or facilities that would involve a serious health risk. I have informed and agree to continuously inform COR of any physical medical condition or disability that would prevent or jeopardize my child's participation in this program or the use of equipment and facility.

I have been advised and understand the participation in the program and use of the equipment and facility presents some unavoidable risk of injury, especially to people who have preexisting injuries, illness or medical disabilities. I recognize that participation may cause short-term aggravation of some symptoms, feelings of tiredness, lightheadedness, increased energy, mood changes and other effects. I understand that my child should stop exercising immediately if I or they, detect any pain, dizziness or discomfort during the program. My child agrees to abide by all the rules of COR and agree to follow explicitly all instructions given during the course of the instruction.

In consideration of being allowed to participate in the program or use the facilities and equipment, I (on behalf of my family, estate, heirs, or assigns) hereby waive, release, forever discharge and agree not to sue COR, its directors, volunteers, employees, instructors, contractors and members from any and all claims, demands, damages, and causes of action, present or future, whether known or unknown, arising from my child's participation in the program or the use of the equipment or facilities, excepting only those claims, actions or damages directly caused by the willful or intentional acts of COR. I affirm that I am a parent or adult guardian representing a minor and freely signing this agreement.

I voluntarily sign my name evidencing my acceptance of these provisions.

Youth Signature

Parent Signature

Date

COR STAFF USE ONLY

Date Received

Received By

Signature of COR Staff